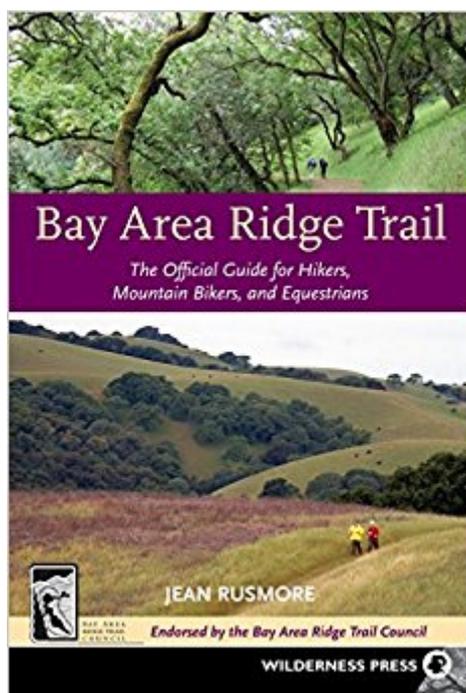


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# Bay Area Ridge Trail: The Official Guide For Hikers, Mountain Bikers And Equestrians



## Synopsis

The official guide to the ever-growing Bay Area Ridge Trail, a proposed 400-mile route that circles the ridgeline of the San Francisco Bay, crossing over nine counties. Five new trails and 13 more miles await discovery in this new edition, bringing the mileage of the completed Ridge Trail to 225. It also includes new or rerouted sections of at least six trails and details five trails that were only briefly mentioned in the 1st edition update.

## Book Information

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## Customer Reviews

One of the more interesting hiking developments over the last few decades has been the creation of longer "scenic" trails. Modelled upon the Appalachian Trail and the Pacific Crest Trail, these new trails cover many miles (though they are generally shorter than the aforementioned routes) and offer the opportunity for extended recreation. Some of these, the Tahoe Rim Trail, for example, have turned into stellar routes worthy of a week (or longer) backpack trip. But others, most notably the Backbone Trail of the Santa Monica National Recreational Area, are essentially expensive "feel good" projects with little recreational value due to extensive regulations on camping and use. The Bay Area Ridge Trail, one of the largest of these projects, is about 60% complete. It covers some truly scenic land and when finished, it will extend almost 500 miles. This book, now in its second edition, is an excellent guide to the completed portions of the trail. But as I read it, I was unsure how the trail would ultimately turn out. Will it become a fabulous mid range distance hike, open to users

from all over, or will it be merely an expensive resigning of existing routes that will only see day use, and then only over portions of the trail? Rusmore is an experienced hiker, having cut her teeth on the San Gabriel mountains in southern California before moving to the more beautiful, but less rugged, Bay Area. She has explored the area extensively for decades and her guidebooks are very detailed. Every stretch of trail described in this book that I have hiked is accurate. In addition to very detailed trail descriptions, this book includes topo maps showing both the main (hiking) route and alternative biking and equestrian routes.

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